

# Counselors' Corner

## HAPPY NEW YEAR!

As we head into the 3rd quarter, please check PowerSchool for your updated schedule. Please stop in or contact someone in guidance if you are unable to access your PowerSchool account. Changes may have been made since the beginning of the year. The second half of the year will continue to fly by! Now is the time to do your best and finish strong! Please reach out to your school counselor if you are struggling in any way. We have multiple supports available to you!

January 12th, 2017

**YES Program**

Sign-Ups



**Interested in taking a college course, VHS course, Adult Ed course or any other course in Semester 2? Please stop in to guidance for the necessary paperwork!**

### Semester 1 Exam Schedule

January 10th, 2017	January 11th, 2017
8:00-9:05 Period 3	8:00-9:05 Period 1
9:15-10:20 Period 4	9:15-10:20 Period 2
10:40-11:45 Period 5	10:30-11:00 Lunch
11:45-12:15 Lunch	Dismissal
12:15 Dismissal	<b>NO MMTC 1/10 or 1/11/17</b>

## COLLEGE FAIR

University of Maine  
Augusta College Fair

Augusta Civic Center

9am-11am

May 25th, 2017

## Winter Truce Soccer Match

January 12th, 2017

Join us for a fun game of soccer in the snow during both lunches! Proceeds will benefit homeless veterans. Please visit: <https://goo.gl/forms/eOHwHjVqtgIYDtKe2> to register!

Brought to you by: Gold Ribbon Group

Refreshments will be served for participants in cafeteria following event.

## SAT SCHOOL DAY

**SCHOOL DAY SAT FOR ALL JUNIORS:**

**WEDNESDAY APRIL 5TH, 2017**

*(STUDENTS WILL BE REGISTERED BY MHS)*

### January

January 10th & 11th: Finals.  
Please note: NO MMTc

January 17th: Q3 Begins

January 19th: **Let's Get Ready SAT Prep info session for Juniors in PAC during lunch B**

### February

February 7th: MIYHS Survey  
12:30-1:30pm in per. 3

February 16th: MMTc  
Sophomore Trip (mandatory)

### April

April 5th: SAT for all Juniors  
(required) 8am-12:30pm

April 6th: AP Pre-Administration  
Session for any student taking an  
AP course; PAC, 10:48-11:48am  
(students eat Lunch A)

## 2017 Maine Integrated Youth Health Survey (MIYHS)

This school year, students at Messalonskee High School will be asked to take an anonymous health survey. **The data from this survey is used at the school, county and State levels. It supports grant funding, assessment of student needs, and the design and evaluation of health related programs.** You will receive more information on this survey closer to the time of survey administration (February) and will have the opportunity to review its contents. You have the choice of whether or not your child will take this survey. Your child will also have the option of whether or not to participate in the survey on the day it is given. More information will be provided at the beginning of the year. <https://data.mainepublichealth.gov/miyhs/files/atlas/atlas.html>

*Survey will be administered on February 7th, 2017 during period 3*

## raise.me

Earn \$\$ by getting good grades and being involved in your community!

**111 students have already earned over:**

**\$2,185,000**

**toward college tuition!**

# **COLLEGE ADMISSIONS FOR GENDER/NON-CONFORMING STUDENTS**

In addition to a college having the right major, being in a desired location, and meeting financial need, diversity and inclusivity are also important! Click on the link below to learn more about colleges in Maine (and across the United States) that have ranked high as most inclusive environments for this population.

<https://www.campusprideindex.org/search/index>

You can become an ally with Messalonskee's GSA Club who meet Wednesdays during lunch A

A great book for learning more about the transgender community and rights for students in Maine high schools and our country: "Becoming Nicole" A true story about a teenager from Maine.

Informational websites:

[glaad.org](http://glaad.org), [glsen.org](http://glsen.org), [pflag.org](http://pflag.org), [transstudent.org](http://transstudent.org), [transyouthequality.org](http://transyouthequality.org)

## **SENIORS!**

Be sure to check your school e-mail address for important information about scholarships, FAFSA, college visits and other activities related to you!



@counselorkara

For more details please visit MHS Guidance:  
<http://bit.ly/2biUu50>