

Counselors' Corner

WELCOME BACK!

We hope you all had a safe and enjoyable summer! This summer was eventful for our staff in the school counseling office! Wendy Spaulding sent her oldest son off to college. Kara Sprague attended the American School Counseling Conference in Denver, CO and similar to Kathy Pettengill made the move to a new home. Keith Derosby and Brenda Stevens enjoyed traveling to scenic coastal spots around Maine with their families, and Darcy York played in a softball league while spending time in the great outdoors with her sons. As we start off the new year, please note that you can see your school counselors to make changes to your schedule within the first 5 class days of school without penalty, however, many classes are full at this time. Please remember to utilize the www.rsu18.org website and the MHS Guidance page: <http://bit.ly/2biUu50> for ongoing info and updates!

September
11-16th
Homecoming
Week!

EARLY COLLEGE4ME

Each year juniors have the opportunity to apply to our Early College 4 ME program.

Students receive:

- free applications to their choice of ME community college,
- support filling out the FAFSA,
- access to dual enrollment courses.
- Students are also eligible for a \$2000 scholarship toward college!

See Guidance to apply!

2017-2018 MHS Bell Schedule

PERIOD1	8:00-9:02
PERIOD2	9:07-10:07
PERIOD3	10:12-11:12
LUNCH A	11:16-11:46
LUNCH B	11:50-12:20
PERIOD4	12:25-1:25
PERIOD5	1:30-2:30

MANDATORY TEST DATES 2016-17

PSAT: (10TH & 11TH) OCT 11TH, 2017

SAT SCIENCE AUGMENTATION: 4/5/17

SCHOOL DAY SAT FOR ALL JUNIORS:

TUESDAY APRIL 10TH, 2018

(STUDENTS WILL BE REGISTERED BY MHS)

**A REPRESENTATIVE FROM "LETS GET READY" WILL
BE SHARING INFORMATION ABOUT FREE SAT PREP
AT COLBY COLLEGE THIS FALL. STAY TUNED!**

AP Testing Dates:

May 7th- May 18th, 2018

**Community Service Requirements:
40 Hours for all students**

September

September 6th: Last day to add classes

September 11-16th: Homecoming Week!

October

October 1st: FAFSA Online Portal open for submitting your FAFSA

October 4th: Sophomore College tours to Southern ME Community College, University of ME Farmington, & Colby College

October 4th & 5th: Parent/Teacher Conferences

October 11th: PSATs for Sophomores & Juniors (mandatory)



A-F

Kara Sprague, School Counselor
klsprague@rsu18.org
@counselorkara



G-O

Keith Derosby, School Counselor
kderosby@rsu18.org



P-Z

Wendy Spaulding, School Counselor
wspaulding@rsu18.org

Studying for the Accuplacer?

Check out the FREE app!

Please visit: <http://bit.ly/29WsNAM>

<https://store.collegeboard.org>

Need to take the Accuplacer?

Please speak with your counselor or

Academic Student Support to

discuss steps needed prior to taking!

GRIT!

WHAT IS IT? DO YOU HAVE IT?

Learning from failure:

Growth happens by making mistakes, not by being perfect

Resilience:

Remaining optimistic during hard times

Believing in yourself:

If you think you can, you will! Set SMART long term and short term goals

Confronting challenges head on:

Believe change is possible!

Being authentic:

Your path is based on your interest & skills only; think of the lifestyle you want to live!