



Regional School Unit No. 18

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Yesterday was sunny and in the upper seventies, and today is cloudy in the low forties. Just in case any of you are new to Maine, this is our normal spring weather. I just have a couple of things for everyone today. First, a reminder: We have our regular school schedule on Monday and Tuesday. On Wednesday and Thursday, we are fully remote due to our staff vaccination clinic then Friday there is no school for anyone.

With April vacation coming up, I have received quite a few questions about travel. The chart below is the latest information I have regarding the changes in travel guidelines. If you have more questions about requirements after travelling, feel free to reach out to your building principal.

Have a great week everyone,

Carl Gartley
Superintendent of Schools

Travel Destination	Testing Requirement	Quarantine Timeline	Release from Quarantine	Special Considerations
International Travel (Canada and Mexico included) US International Travel Guidance				For individuals who arrive in Maine more than 7 days after travel, follow guidelines for domestic travelers arriving in Maine.
Fully Vaccinated travelers arriving in Maine (at least 14 days after Covid-19 vaccine series completed)	3-5 days after arrival in Maine; IF positive, isolate for 10 days	Not required unless experiencing symptoms	Not required	Avoid being around anyone who is at increased risk of severe COVID-19 illness for 14 days following arrival in the US, regardless of COVID-19 test results.
NOT fully vaccinated travelers arriving in Maine within 7 days of arriving in the United States	3-5 days after arriving in Maine; IF positive, isolate for 10 days	7 days with testing 10 days if not tested	Complete 7-day quarantine even if tested negative. If test is positive, isolate for 10 days from test date or symptom onset date whichever is earlier.	Avoid being around anyone who is at increased risk of severe COVID-19 illness for 14 days following arrival in the US, regardless of COVID-19 test results.
Domestic Travel (Within the 50 United States and US Territories: Guam, US Virgin Islands, Puerto Rico)				
Non-Exempt States or territories See list for non-exempt states at: https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-planner/index.html	Test within 72 hours prior to travel into Maine to forgo the 10-day quarantine or immediately upon return to Maine	Without test, 10 days of quarantine and monitor for four more days	Test is negative, forgo the quarantine. No testing or quarantine needed once fully vaccinated (14 days post final dose of vaccine)	Quarantine must be maintained until negative test results are completed. If traveler has tested positive for Covid-19 within 90 days (3 months), no quarantine restriction. Continue to follow state PPE guidelines.
Exempt States or territories	Exempted from testing	No quarantine time	May immediately return to normal activities but must continue to follow PPE guidelines.	Continue to follow state PPE guidelines.